

Shanti Mantras

Om Ganaanam Tva.....

1. Oh! Lord Ganapati, You are the protector of all mantras. You are the great scholar among scholars. You are the reference for all great qualities. You are the great king among kings. You are the ruler of all divinities. Please accept our special seat (in our heart) for You. Please listen to our prayers and protect us.

Salutations to the great Lord Ganapati.

(Kannada Translation by Sri Ramakrishna Jois and English translation by M.G. Prasad)

OM Prano Devi Sarasvati.....

2. May the Goddess Sarasvati full of plenitude with steeds (of life-force) and guardian of thoughts, protect us with care.

Salutations to Goddess Sarasvati.

(Translation by R.L. Kashyap, Sri Aurobindo Kapali Sastry Institute of Vedic Culture, Bangalore, India)

3. Sham No Mitraha. Sham Varunaha.....

May Mitra (Deity of function of exhaling and day) be blissful to us. May Varuna (Deity of function of inhaling and night) be blissful to us. May Aryaman (Deity of eye and sun) be blissful to us. May Indra (Deity of strength) and Brihaspati (Deity of speech and intellect) be blissful to us. May Vishnu (Deity of feet) Who is possessed with great strides be blissful to us. Salutations to You, Bramhan. Salutations to You, Vayu (Deity of air and life). You, indeed are, are the visible Bramhan. You alone I shall call the perceptible Bramhan. I shall declare the Right. I shall declare Truth. May That protect me, May That protect the teacher. May He protect me. May He protect teacher.

Om peace, peace, peace.

NOTE: The chanting of three times peace refers to the prayer that "may our mind not become restless due to three causes namely 1) fear due physical disturbance, 2) difficulties due to natural causes, and 3) our individual physical, mental and spiritual instabilities.

(Translation is based on Eight Upanishads by Swami Gambhirananda, Advaita Ashrama, India)

4. Sham no Mitraha. Sham Varunaha.....

May Mitra (Deity of function of exhaling and day) be blissful to us. May Varuna (Deity of function of inhaling and night) be blissful to us. May Aryaman (Deity of eye and sun) be blissful to us. May Indra (Deity of strength) and Brihaspati (Deity of speech and intellect) be blissful to us. May Vishnu (Deity of feet) who is possessed with great strides be blissful to us. Salutations to You, Bramhan. Salutations to You, Vayu (Deity of air and life). You, indeed, are the visible Bramhan. I spoke of You as visible Bramhan. I spoke of you as the Right. I Spoke of you as Truth. That protected me. That Protected teacher. He protected me. He protected Teacher.

Om peace, peace, peace.

(Translation is based on Eight Upanishads by Swami Gambhirananda)

5. Om Sahanaavavatu.....

May He (Bramhan) protect us both (teacher and student) together. May He nourish us both together. May we be courageous together. May our study be brilliant. May we not hate each other.

Om peace. Peace. Peace.

(Translation based on Eight Upanishads by Swami Gambhirananda)

6. Namō Vache.....

Our salutations to Goddess of Veda mantras. Our salutations to manifest speech as Veda mantras and unmanifest speech in the hearts of rishis. Our salutations to all manifestations of speech. Our salutations to Brihaspati (Deity of speech and guru for devas). Our salutations to Vedic seers (rishis) our salutations to the rishis, the seers of Veda mantras. Our salutations to rishis, who taught and studied Veda mantras. May the rishis who perceived the Veda mantras directly, and may the rishis who propagated and studied Veda mantras bless me so that I do not become indifferent to studies and practice of rituals as per Veda mantras. I being a student of Vedas should not disrespect or be indifferent to rishis who received and propagated Veda mantras. I should become capable of using speech (and chanting Veda mantras) such that it is enjoyable to Gods. May the Gods of higher worlds, earth, and the universe provide bliss to me. May the moon and sun be auspicious to me. May the Bramhan and creator Bramha and other Gods are benevolent to me.

I declare that five elements are the cause of the universe. I declare the causal relationship between the elements and all the manifestations of the cosmos. I declare clearly that it is due to the radiant energy of the Supreme Being that this cosmos has manifested. I declare boldly that the glory of manifesting this cosmos is solely to the Supreme Being. I declare that it is the will of the Supreme Being. I declare that It is Supreme Being through Vedas (Shabda Bramhan) provide the knowledge to the universe. I speak what is benevolent for all the beings inspired by the Supreme Being. Being a seeker of Bramhan, all the things I speak of is supported and derived from Supreme Being (Bramhan). The blissful abode of Bramhan should be blessed for me, my progeny, and our cows, horses, etc. I should also become spiritual support for my fellow seekers and other beings. Oh! the vital forces please protect me from unexpected and untimely death. Oh! vital forces please protect me without fail. I will contemplate on the joyous Bramhan. I will carry out actions with the contemplation of the joyous Bramhan. I will continue the work (rituals) joyfully. I will chant the Veda mantras for such rituals joyfully. I will become capable of chanting Veda mantras enjoyable to the gods. I should become capable of using speech

enjoyable to rishi, ancestors, parents, friends and relatives. May the Gods bless me to succeed in leading such a life. May my ancestors, living parents and others close to me be joyous with my blissful life.

Om. Peace, peace, peace.

(Translation to Kannada by Vidwan N. S. Ramabhadracharya, Ashtanga Yoga Vijnana Mandiram Mysore, English translation by M.G. Prasad)

7. Om Tacchanyoravrineemahe.....

We pray and worship the Supreme Being for the welfare of all. May all miseries and shortcomings leave us forever so that we may (always) sing in the sacred sacrifices and for the Lord of sacrifices (Vishnu). May the medicinal herbs from in potency, so that diseases may be cured effectively. May the gods rain peace on us. May the human beings (bipeds) be happy. May all other beings (quadrupeds) be happy.

Om Peace, peace, peace.

(Translation based on a publication from Ramakrishna Mutt)

8. Om Bhadram karnebhihi.....

Oh! Gods, may we hear only the auspicious with our ears. May we see only the auspicious with eyes. Praising you with bodies having firm limbs, may we enjoy the God-given span of life. May Indra of vast hearing promote our bliss and well-being. May Pushan, all knower, make us blissful. May Tarkshya (Garuda) with non-injuring fellies promote our well-being. May Brihaspati make us prosper.

Om. Peace, peace, peace.

(Translation by R. L. Kashyap, Bangalore, India)

9. Om Prithivi Shanta.....

The earth is peaceful by virtue of the fire. Being thus peaceful may it allay my afflictions. This space is full of peace by dint of the wind. Being thus peaceful may it allay my afflictions. The heaven peaceful by dint of the sun and being thus peaceful, may it allay my afflictions. The earth is peaceful, the space is full of peace and the heaven is peaceful. The quarters of the world are peaceful and the sub-quarters (of the world) are peaceful. Peaceful is the fire, peaceful is the wind and the sun is peaceful and the moon is full of peace. The stars are peaceful and the waters are peaceful. The medicinal herbs are peaceful and the plant kingdom is peaceful. The cow is peaceful, the sheep and the goat are peaceful, the horse is peaceful, the human being is peaceful and the Supreme Being is full of peace. They who know and have realized the Supreme Being are full of peace. Peace alone reigns Supreme as peace. May there be only peace for me.

By that all-pervading peace, I bring about the peace of the bipeds and quadrupeds towards me. May there be peace and only peace for me.

Om Peace, peace, peace.

*(Translation by His Holiness Swami Sri Ranga Priya, Ashtanga
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