# An Agenda for Hindus

M.G. Prasad, Maplewood, New Jersey (www.taranga.us)

(Please note: At the suggestion of Mr. Arish Sahani, host of Bharat Darshan, a program of RBC Radio on Sunday mornings, 10 am to 12 noon, this agenda was prepared and presented by M.G. Prasad on Sunday, December 31, 2006. The agenda has four areas namely Spiritual, Religious, Cultural and Social. Any additional suggestions are welcome to <u>mgprasad@comcast.net</u>)

### Spiritual

- 1. Memorize few verses from Bhagavad-Gita
- 2. Focus and understand few verses from Bhagavad-Gita
- 3. Collect important Hindu books (scriptures) to have own library.
- 4. Learn and practice at the least few yoga-postures.
- 5. Learn at least basics of Sanskrit, a language of Hinduism
- 6. Carry out discussions related to Hinduism with other Hindu friends.
- 7. Carry out discussions about Hinduism related topics with family members.
- 8. If you are parent and have young children, tell them the stories of great Hindus in all walks of Life.
- 9. Understand and educate others about the important basics of Hinduism (or Sanatana Dharma.
- 10. Obtain sufficient depth and breadth about the various Hindu scriptures from Vedas to Philosophies.
- 11. Participate in the meetings and programs arranged during the visit of Hindu scholars.

## Religious

- 1. Do prayer daily in the prayer room or special space at home (if you do not have one now, create one).
- 2. Learn, perform and teach simple (at least) Pooja at home to children and grandchildren.
- 3. Visit Hindu temple regularly and during festivals.
- 4. Read about other religions and know the differences between Hinduism and them.

## Cultural

- 1. Celebrate Hindu festivals at home and invite friends.
- 2. Represent Hindu culture in the work environment.
- 3. Practice and educate others about some of the important cultural aspects of Hinduism.
- 4. Support the organizations working for the correct representation of Hinduism in school text books and other materials.
- 5. Watch with family, the videos of the Hindu themes (such as Ramayana, Mahabharata, Chanakya, etc) and discuss with family members.
- 6. Participate in the community celebrations of Hindu festivals.
- 7. Learn and/or Support classical and folk music and dance.

### Social

- 1. Contribute donation (to your best) to Hindu organizations
- 2. Offer volunteer services (to your best ability) to Hindu organizations.
- 3. Participate as a Hindu representative in inter-faith forums.
- 4. Understand and support the Hinduism related issues in national and international affairs.
- 5. Support the cause of correct representation of Hinduism in media.
- 6. Obtain a good understanding of the contributions Hinduism to science and technology from ancient to present.

1